

## ***St Michaels Church, Wincle***

We held our very first service in Wincle church on August 23<sup>rd</sup>, since all services were suspended during lockdown. Evensong was taken by John Harries, with many regulars attending. Roger Preston played the organ before the service started, during prayers and at the end, which was a real treat to hear the organ played once again, even if no hymns were sung!

September 13<sup>th</sup> 8am      Holy Communion      Sidesman John Henshall

September 20<sup>th</sup> 6.30pm   Evensong      Sidesman John Henshall   Reader Suzanne Henshall

September 27<sup>th</sup> 10am   Combined with WBC

### **September Rota**

Church cleaning      Barbara Brunt

Flowers      September 13<sup>th</sup>      Angela Webb

September 27<sup>th</sup>      Suzanne Henshall

### **Thank you from Revd Ivan Whinton**

A belated thank you to the local people who joined Bosley to come to my surprise 85<sup>th</sup> birthday with a “garden party to celebrate my birthday” I appreciated the beer and wine. May I thank the members of the community of Wincle for your continuing support over the past months. The numerous phone calls offering help, “Meals on wheels”, collecting prescriptions and essential supplies and not forgetting one who got out of bed at midnight to help free an ambulance which had got stuck in the front lawn of our garden!

Thank you one and all.

Ivan

### **PS :A few interesting facts!**

The Vicar has given me permission to mention that on 28<sup>th</sup> September 1980 I was ordained Deacon by Bishop Victor Whitsey (Bishop of Chester) and the celebration of the 40<sup>th</sup> anniversary I had hoped to enjoy ,will be downgraded for obvious reasons. Hopefully next year I can celebrate the 40<sup>th</sup> anniversary of being ordained Priest by Bishop Gordon Strutt (Bishop of Stockport) at St. Michael’s Macclesfield on 26<sup>th</sup> September 1981. Looking through my records I realised that (providing I my health allows) I will celebrate a “hat trick” in 2022 as I was admitted Lay Reader by Bishop Fred Mitchell (Bishop of Down and Dromore, Ireland) in April 1962 and further licensed in Chester 2 years later. 60 years in the preaching ministry – you might think I might have got the hang of it by now!!

Ivan Whinton

## ***Wincle & District WI Report***

Wincle & District WI have continued to keep in touch by Zoom and our last meeting on July 7<sup>th</sup> allowed us to catch up with each other, play a couple of quizzes and plan our next meeting. We had a walk planned on Tuesday, August 4<sup>th</sup>. Meeting at Tittersworth Reservoir at 6.15pm, we planned either a short walk or a longer walk depending on personal preference. Obviously we had to bring our own refreshments, and walk at a safe distance, so a slightly different routine, but nevertheless it was a welcome return to seeing our friends, much missed over the last few months. There are plans for a proper meeting in September, with risk assessments to complete, and many pages of instructions and advice to read through first. If all preparations are in place, the venue will be moved from Wincle School to the Swythamley Centre, where the extra space will allow us to be safe. Sadly no delicious suppers allowed, just our own drinks to be brought along. Our speaker for the evening is Jenny Bowers – talking and demonstrating all about Salsa dancing!!



Suzanne Henshall

WI President

## Wincle School

Working remotely was certainly a challenge for everyone here at Wincle, but a challenge we conquered! During 'lock down', the pupils successfully continued with their learning. Teachers held online lessons which provided a fantastic opportunity for the pupils to further their learning despite not being in school.

There were many exciting projects for the pupils to enjoy whilst learning remotely. They were asked to learn about how plants grow and present their information on plants in the form of a video. These videos were detailed and very entertaining and can be found on our school website. Along with plants, another topic our pupils investigated was light and they had to create their own shadow puppet. The pupils had lots of fun creating their shadow puppet shows.

We also organised projects that required knowledge and skills from a range of subjects. For the final seven weeks, we ran a project called 'Around the World in Seven Weeks'. Each week, we had a continent focus and the pupils were given a range of activities to choose from. We had pupils replicate pieces of famous art from different countries, learn to cook food from around the world as well as find out about historical events, physical and human features and famous people. A highlight for us was making contact with scientists out in Antarctica studying the albatross. The pupils were able to ask questions and received answers and more information about the continent from first hand.

Even though our pupils were confined to their houses, we encouraged the pupils to keep fit. Joe Wicks was a favourite for many but in our Sports Week, we were delighted to run a number of competitions that resulted in us achieving a certificate from the School Games organisations.

'Shine like stars' is a motto used in school for pupils and they certainly lived up to this during lock down. We await with anticipation the start of the new term so we can have our Wincle family back together again.

Thanks,

Sarah



## ***Pilates with Kate, during Lockdown***



The 2 weeks prior to UK Lockdown was a build-up of concern regarding 'what am I going to do with my business?'. Subsequently, stress, uncertainty and worry made it a challenging period. Like many business owners, I had to think on my feet and adapt to the rapidly changing situation fast. In January of this year I had not even heard of Zoom but...thank God for Zoom!

At the end of March I decided to do a free trial week on Zoom and see if this was indeed an avenue that my client base would enjoy and continue to benefit from. The trial week was a huge success and 38 people attended my very first class online. I was overwhelmed and so touched by the response and feedback that I received.

Now in August I'm into my 5<sup>th</sup> 4 week block and each month I have gained more and more people and now have over 50 clients. I have also been able to open the classes up globally as well as nationally and have clients joining me from Columbia, USA, Ireland and the south of England, as well as Congleton, Langley, Sutton, Prestbury and Wincle! Zoom has also enabled me to keep teaching the majority of my private client base too.

It has been amazing to be able to keep teaching and interacting during a time of such uncertainty and help to give people a structure to their days as well keeping them stretched, toned & mobilised.

I do hope to be able to filter back to some real live classes soon at the venues of Wincle, Langley and Prestbury, but I will also be introducing 3 Zoom classes a week (plus recordings) permanently to my PWK schedule.

All information on my business can be found at [www.pilateswithkate.co.uk](http://www.pilateswithkate.co.uk)  
Facebook, @PilatesWithKate or Instagram, katewilcock Pilates with Kate.



*"Thank you so much for your Zoom classes - you are a ray of sunshine coming into our home even with some challenging moves to achieve!"*

*"Kate, that was brilliant I feel like a new woman! I have done two Intermediate classes this week and loved them – quite challenging in places which I always appreciate!"*

*"Loving the Pilates and as much as I love to see you in person the Zoom classes are great, well done xx."*

*"I wanted to let you know that I think that Pilates by Zoom is working very well. Your explanations, which are essential, are clear & precise. Thanks for setting up arrangements to enable us to continue Pilates during lockdown."*

*"Loving the lessons and loving not having to travel for them."*

*"Kate, the Zoom sessions are working well, good session today. Its challenging when new exercises are introduced!"*

*"Thanks for this weeks classes Kate, they have been brilliant, I found that I enjoyed 45mins more, its left me wanting more which is a good way to finish x."*

*"Thank you so much for yesterday's Pilates session. I really enjoyed it. I could see you clearly and could follow your instructions and demonstration."*

